

Ghost Toast

Halloween fun doesn't have to be limited to candy. This peanut butter banana toast is filling, healthy and fun!

Makes: 2 toasts Takes: 5 minutes

Ingredients:

1 banana

8 mini chocolate chips

4 raisins

1 Tablespoon peanut butter

2 slices whole wheat toast

1. Toast the bread
2. Spread a thin layer of peanut butter on the bread
3. Have your child help you cut the banana in half lengthwise. Then cut each piece in half "width-wise" so it will lay flat on the bread.
4. Place banana on the toast.
5. Put chocolate chips for eyes and a raisin for the mouth.
6. Enjoy your snack together!

Raisins are a choking hazard, please use caution with children until 2 years of age.

